

ALABAMA Massage Therapy Licensing Board

REGULAR BOARD MEETING

RSA Plaza Suite 350

Montgomery, Alabama

May 13, 2026

I. CALL TO ORDER

A. Roll Call

The meeting was called to order at 8:33 a.m. on Wednesday, May 13, 2026.

The following members were present: Jessica White, LMT, Chair; Tom Henerson, Jr., LMT, Vice-Chair; Ali Araiinejad, LMT; Daynette Ranger, LMT; Janice Roe, LMT; Amy Long, DNP, FNP-C; and Anastasia Morris, LMT. Board members not present was Kristen Gillis, Attorney at Law.

Staff members attending the meeting were: Honor Ingels, Executive Director-Designee; Alice Maples Henley, Deputy Attorney General/Alabama Board of Nursing General Counsel; Brad Jones, IT System Specialist Senior; Tonya Smith, Executive Secretary/Recorder; Joyce Jeter, MSN, RN, Alabama Board of Nursing Deputy Director; Tina Emfinger, Chief financial Officer; Clifton (Chip) Lollar, Chief Special Investigator; Klisha Potts, Paralegal; Roslana Gray, Nurse Consultant; Tara Armistead, Assistant General Counsel - ABN; Pamela Smith, DNP, MSN, RN, Administrative Director of Education Programs; Jennifer Herman, Investigator; Adrienne Henderson, Licensing Clerk; Chris Howard, Inspector; and Stacie Willis, Licensing Clerk.

Visitors attending the meeting were: Matt Conner, ADPH; Wes Rogers, ADPH; and Kaitlyn Campbell, Gadsden Massage Studio.

B. Declaration of Quorum

A quorum of seven Board members was present on Wednesday, May 13, 2026.

C. Statement of Compliance with Open Meetings Act and Active Electronic Recording in Compliance with ACT 2024-361

Prior notice of the meeting was posted on the Secretary of State's website in accordance with the Alabama Open Meetings Act.

D. Oath of Office

On May 13, 2026, Ms. Amy Long read the Oath of Office. A written "Oath of Office" was provided to her for signature.

E. Review of Full Agenda

1. Additions, Modifications, Reordering

None

**2. REORDERING, MODIFICATION, OR ADOPTION AND APPROVAL OF
CONSENT AGENDA**

- II.A. January 13, 2026, Board Meeting Minutes
- VI.A.1. Executive Officer Report if indicated
- VI.A.2. FYI
- VI.C.1. General Counsel Report
- VI.C.2. Investigations Report
- VII.A. Education Report if indicated
- VII.B. Program Termination Report if indicated
- IX.A. Licensure Report

On May 13, 2026, Ms. Long recused herself from the voting.

On May 13, 2026, Ms. Roe moved that the Board adopt the Consent Agenda. Mr. Henderson second. Motion carried with Ms. Long abstaining.

**3. REORDERING, MODIFICATIONS, ADDITIONS, OR ADOPTION OF
FULL AGENDA**

On May 13, 2026, Ms. Long recused herself from the voting.

On May 13, 2026, Ms. Roe moved that the Board adopt the Full Agenda as amended. Ms. Morris second. Motion carried without objection.

II. REVIEW OF MINUTES

A. January 13, 2026, Board Meeting Minutes

The minutes of January 13, 2026, Board meeting was accepted on the Consent Agenda.

III. OLD BUSINESS/FOLLOW-UP

A. Board Action Follow-up

1. None

IV. BOARD PRESENTATIONS

A. PRESENTATIONS/REVIEW

1. None

V. FINANCIAL REPORTS

1. Financial Reports

Ms. Enfinger shared the Revenues and Expenditure Summary, Revenues, and the Expenditure Budget Comparison as of March 31, 2026.

VI. REPORTS

A. Executive Officer

1. Report

Pursuant to Alabama Massage Therapy Licensing Board Administrative Code 532-X-7, the ABN Executive Officer accepted the voluntary surrender for revocation of each of the following Alabama Massage Therapy licenses:

<u>Licensee's Name</u>	<u>License Number</u>	<u>Date Acceptance</u>
Sunshine Massage HY Inc.	E-3979	02/04/2026
Mu, Yanfen	6283	02/24/2026
Chen, Suzhen	5856	02/24/2026

2. FYI

Nothing

3. CEASE AND DESIST CONSENT ORDER SHELL, TARA ARMSTEAD

Ms. Armistead reported that the Alabama Massage Therapy Licensing Act authorizes AMTLB, upon finding that an individual and/or entity has performed massage therapy without having first obtained a license from

the AMTLB, to impose an administrative fine of not more than ten thousand dollars (\$10,000), issue a cease and desist order, and if necessary, petition the circuit court of the county where the act occurred to enforce the cease and desist order and collect the assessed fine. AMTLB staff have developed this consent order shell to provide another option for disposing of cases involving a massage therapist and/or a massage therapy establishment practicing in Alabama without a valid license issued by the AMTLB. Currently, a Cease-and-Desist Order is issued by the AMTLB, and the Respondent has the option for requesting a hearing. This shell would allow the Respondent to agree to the terms and conditions of the Cease and Desist.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning the Cease-and-Desist Consent Order Shell.

On May 13, 2026, Ms. Morris moved that the Board approve the proposed Cease and Desist Consent Order Shell. Ms. Ranger second. Motion carried with Mr. Henderson abstain.

4. New AMTLB Bill

Ms. Armistead gave a brief report on the New AMTLB Bill and was available to answer any Board members' questions.

B. Executive Committee if indicated

C. Legal Division

1. General Counsel

A written report on activities of the Legal Division for June 1, 2024, through April 17, 2026, the number of open disciplinary cases, and the number of cases on appeal or subject to litigation was accepted, as information, on the Consent Agenda.

2. Investigations Report

A written report on investigations for May 13, 2026, was accepted, as information, on the Consent Agenda.

VII. AMTLB EDUCATION PROGRAMS

A. Report

A written report on Education was accepted, as information, on the Consent Agenda.

B. Program Termination Report if indicated.

Nothing

C. **GADSDEN SCHOOL OF MASSAGE & THE HEALING ARTS**

Ms. Smith reported that the AMTLB Administrative Code § 532-X-5-.06 to be approved by the Board, a massage therapy school located in the State of Alabama must apply directly to the Board and submit a registration fee. The Board then reviews the completed application and required supporting documentation for completeness and compliance with rules and regulations and provides guidance regarding forward progress of the plan. If all standards for approval are met, then the Board may approve the new school.

On January 21, 2026, the Owner and Operator of Gadsden Massage Studio submitted an application with supporting documentation to establish a new Massage Therapy School. On February 10, 2026, AMTLB Consultants contacted the Owner and Operator of Gadsden Massage Studio for clarification of the submitted documentation and requested additional information. The documents were resubmitted on February 12 and 13, 2026.

February 13, 2026, AMTLB consultants contacted the Owner and Operator of Gadsden Massage Studio regarding revisions to submitted documentation. The documents were submitted on February 14, 2026. The additional revisions were submitted to AMTLB on March 4, 2026.

According to the submitted application, the owner and operator of Gadsden Massage Studio anticipate admitting students to the Gadsden School of Massage & The Healing Arts on August 3, 2026. Board consultants have reviewed all documentation submitted by Ms. Kaitlyn Campbell, LMT, and Owner and Operator of Gadsden Massage Studio, and prepared the attached Evaluation of the Proposal for Establishing a Massage Therapy School.

Based on a review of the submitted materials compared to the requirements in the AMTLB rules, the Board staff has determined that the Owner and Operator of Gadsden Massage Studio meet all of the regulatory criteria. Representatives will be available to answer questions regarding the application

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning a New Massage Therapy School, Gadsden School of Massage and The Healing Arts.

Ms. Kaitlyn Campbell, LMT, Owner and Operator of Gadsden Massage Studio, was available to answer any Board member's questions.

On May 13, 2026, Mr. Henderson moved that the Board approve Ms. Kaitlyn Campbell, LMT, and Owner and Operator of Gadsden Massage Studio, application for a new Massage Therapy School, Gadsden School of Massage and The Healing Arts. Ms. Ranger second. Motion carried without objection.

VIII. POLICY

A. PROPOSED REVISIONS AND EMERGENCY RULE §532-X-6-.01 – CE

Mr. Ingels reported that the current Board rules, effective June 30, 2026, require each massage therapist to complete eight hours of continuing education related to legal aspects of MT practice, discipline, human trafficking, and illegal practice. To date, approved education related to this subject has not been identified.

In light of the impending transfer of management of the agency to the Alabama Department of Public Health (ADPH), Board staff recommends repealing this section, to allow the ADPH to manage the transition of administration without disruption.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Emergency Rule 532-X-6-.01 – CE.

On May 13, 2026, Ms. Roe moved that the Board approve, as proposal and emergency rule, revisions to Alabama Massage Therapy Licensing Board Administrative Code 532-X-6-.01. Mr. Henderson second. Motion carried without objection.

B. PROPOSED REVISIONS CHAPTERS 532-X-3, 532-X-4, AND 532-X-8 – FINGERPRINTING

Mr. Ingels reported that the following a lengthy procurement process, the agency has begun directing applicants to regional channeler FieldPrint to submit criminal history background checks. This eliminates the need to submit fingerprint cards and accompanying forms for conduct of the checks by the Alabama Law Enforcement Agency (ALEA). Accordingly, Board staff recommend revision of the subject chapters to eliminate references to cards and other vestiges of the previous process.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Chapters 532-X-3, 532-X-4, and 532-X-8 – Fingerprinting.

On May 13, 2026, Mr. Roe moved that the Board approve, as proposal, revisions to Alabama Massage Therapy Licensing Board Administrative Code Chapters 532-X-3, 532-X-4, and 532-X-8. Ms. Morris second. Motion carried without objection.

IX. LICENSURE REPORT

A. Licensure Report

A written report on licensure date activity for December 18, 2025, through April 15, 2026, was accepted, as information, on the Consent Agenda.

X. CONTINUING EDUCATION

A. None

XI. DISCIPLINARY CASES – Executive Session, to follow completion of Agenda or as indicated by agenda progression, May 13, 2026.

On May 13, 2026, Mr. Henderson moved that the Board enter into Executive Session to discuss the general reputation and character, professional competence, and physical or mental conditions of specific applicants and licenses. Ms. Roe second. Motion carried with all in favor: (Ali Arainejad, Daynette Ranger, Janice Roe, Anastasia Morris, and Tom Henderson). Ms. Long recused herself.

Ms. White estimated that the Board would reconvene at 9:20 a.m.

The Board reconvened back to open session at 9:15 a.m.

A. CONSENT ORDERS

1. Xiuling Qi (LMT 6027) dba Nature Spa E-3601

Ms. Xiuling Qi, owner of the Nature Spa, signed a Consent Order that would place her license on probation for one (1) year and require her to pay administrative fine of \$2,000.00.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Ms. Xiuling Qi.

On May 13, 2026, Mr. Henderson moved that the Board accept the Consent Order. Ms. Roe second. Motion carried without objection.

2. Healing U – E-3788 (Active)

Mr. Vaughn, owner of the Healing U, signed a Consent Order that would issue him a public reprimand and require him to pay a civil penalty/administrative fine of \$500.00.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning the Healing U.

On May 13, 2026, Mr. Roe moved that the Board accept the Consent Order. Mr. Henderson second. Motion carried without objection.

3. Blythe, Cheron – LMT 1272 (Active)

Ms. Blythe signed a Consent Order that would issue her a public reprimand and require her to pay a civil penalty/administrative fine of \$500.00 and require documented completion of a course on Professional Ethics.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Ms. Blythe.

On May 13, 2026, Ms. Roe moved that the Board accept the Consent Order. Mr. Henderson second. Motion carried without objection.

4. Cozy Spa, LLC – MTE Applicant

Ms. Zheng, owner of the Cozy Spa, LLC, signed a Consent Order that would approve her application for a massage therapy establishment and when issued Ms. Zheng's Alabama Massage Therapy Establishment will be issued a public reprimand and she will be required to pay a civil penalty/administrative fine of \$2,500.00.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning the Cozy Spa, LLC.

On May 13, 2026, Ms. Roe moved that the Board accept the Consent Order. Mr. Henderson second. Motion carried without objection.

5. Zheng, Shujie – LMT 6335 (Active)

Ms. Zheng signed a Consent that will issue her a public reprimand and require her to pay a civil penalty/administrative fine of \$1,000.00 and require documented completion of courses on Professional Ethics and

Professional Boundaries.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Ms. Zheng.

On May 13, 2026, Ms. Roe moved that the Board accept the Consent Order. Mr. Henderson second. Motion carried without objection.

6. Boone, Noel – LMT 588 (Active)

Mr. Boone signed a Consent Order that would issue him a public reprimand and require him to pay a civil penalty/administrative fine of \$1,400.00 and require documented completion of a course on Professional Ethics.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Mr. Boone.

On May 13, 2026, Ms. Roe moved that the Board accept the Consent Order. Mr. Henderson second. Motion carried with Ms. Ranger abstaining.

7. Massage Therapy by Noel Boone – E-50013 (Active)

Mr. Boone, owner of the Massage Therapy by Noel Boone, signed a Consent Order that would issue him a public reprimand and require him to pay a civil penalty/administrative fine of \$3,300.00.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning the Massage Therapy by Noel Boone.

On May 13, 2026, Ms. Roe moved that the Board accept the Consent Order. Mr. Henderson second. Motion carried without objection.

8. Head 2 Toe Massage Therapy – E-3756 (Active)

Ms. Blythe owner of the Head 2 Toe Massage Therapy signed a Consent Order that would issue her a public reprimand and require her to pay a civil penalty/administrative fine of \$700.00.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning the Head 2 Toe Massage Therapy.

On May 13, 2026, Ms. Roe moved that the Board accept the

Consent Order. Mr. Henderson second. Motion carried without objection.

9. Relieve & Relax – E-2981 (Active)

Mr. Shackleford, owner of the Relieve and Relax, signed a Consent Order that would issue him a public reprimand and require him to pay a civil penalty/administrative fine of \$3,500.00.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Relieve & Relax.

On May 13, 2026, Ms. Roe moved that the Board accept the Consent Order. Mr. Henderson second. Motion carried without objection.

10. Shackleford, Richard – LMT 2388 (Active)

Mr. Shackleford signed a Consent Order that would issue him a public reprimand and require him to pay a civil penalty/administrative fine of \$1,000.00 and require documented completion of a course on Professional Ethics.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Mr. Shackleford.

On May 13, 2026, Ms. Roe moved that the Board accept the Consent Order. Mr. Henderson second. Motion carried without objection.

11. Du, Hongying – LMT 5189 (Active)

Ms. Du signed a Consent Order that would issue her a public reprimand and require her to pay a civil penalty/administrative fine of \$1,000.00 and require documented completion of a course on Professional Ethics.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Ms. Du.

On May 13, 2026, Mr. Henderson moved that the Board accept the Consent Order. Ms. Roe second. Motion carried without objection.

12. Li, Lina – LMT 5679 (Active)

Ms. Li signed a Consent Order that would issue her a public reprimand and require her to pay a civil penalty/administrative fine of \$1,000.00 and require documented completion of a course on Professional Ethics.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Ms. Li.

On May 13, 2026, Mr. Henderson moved that the Board accept the Consent Order. Ms. Roe second. Motion carried without objection.

13. New Life Massage, LLC – E-3724 (Active)

Ms. Sun, owner of the New Life Massage, LLC signed a Consent Order that would issue her a public reprimand and require her to pay a civil penalty/administrative fine of \$500.00.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning the New Life Massage, LLC.

On May 13, 2026, Mr. Henderson moved that the Board accept the Consent Order. Ms. Roe second. Motion carried without objection.

14. Santos, Emmanuel – LMT 6661 (Active)

Mr. Santos signed a Consent Order that would issue him a public reprimand and require him to pay a civil penalty/administrative fine of \$500.00 and required documented completion of a course on Draping.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Mr. Santos.

On May 13, 2026, Mr. Henderson moved that the Board accept the Consent Order. Ms. Roe second. Motion carried without objection.

B. CEASE AND DESIST

1. Carmichael, James – LMT 132 (Inactive)

Mr. Carmichael was issued a notice to cease-and-desist immediately practicing massage therapy without a license.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Mr. Carmichael.

On May 13, 2026, Mr. Henderson moved that the Board accept the Cease-and-Desist Letter. Ms. Roe second. Motion carried without objection.

2. Relax and Unwind, LLC – UNLICENSED

Ms. Nixon, owner of the Relax and Unwind, was issued a notice to cease-and-desist immediately operating a massage therapy establishment without a license.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning the Relax and Unwind, LLC.

On May 13, 2026, Ms. Roe moved that the Board accept the Cease-and-Desist Letter. Mr. Henderson second. Motion carried without objection.

3. Ballenger, Mallory – LMT 5951 (Inactive)

Ms. Ballenger signed a Consent Order that would have her Cease-and-Desist immediately from the practice of massage therapy and require her to pay a civil penalty/administrative fine of \$2,300.00.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Ms. Ballenger.

On May 13, 2026, Ms. Roe moved that the Board accept the Consent Order. Mr. Henderson second. Motion carried without objection.

4. Shamor Massage – E-3503 (Inactive)

Ms. Ballenger, owner of the Shamor Massage, signed a Consent Order that would have her Cease-and-Desist immediately from the practice of massage therapy and require her to pay a civil penalty/administrative fine of \$1,800.00.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Shamor Massage.

On May 13, 2026, Ms. Roe moved that the Board accept the Consent Order. Mr. Henderson second. Motion carried without

objection.

On May 13, 2026, Mr. Henderson moved that the Board enter into Executive Session in its capacity as a quasi-judicial body to deliberate and discuss evidence and testimony presented during contested case hearing and vote on the outcomes. Ms. Roe second. Motion carried with all in favor: (Ali Araiinejad, Daynette Ranger, Janice Roe, Anastasia Morris, and Tom Henderson). Ms. Long recused herself.

Ms. White estimated that the Board would reconvene at 9:30 a.m.

The Board reconvened back to open session at 9:25 a.m.

C. ADMINISTRATIVE HEARINGS

1. Zhang, Xiuxiang – LMT 4641 (Inactive)

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Ms. Zhang.

On May 13, 2026, Mr. Henderson moved that the Board accept the Findings of Facts, Conclusions of Law, and the Recommendation of the Hearing Officer, and deny Ms. Zhang's renewal application for licensure. Ms. Ranger second. Motion carried without objection.

D. SUPPLEMENTAL DISCIPLINARY CONSENT ORDERS

1. Kong, Caiyun – LMT 4729 (Active)

Ms. Kong signed a Consent Order that would issue her a public reprimand and require her to pay a civil penalty/administrative fine of \$5,000.00 and require documented completion of courses on Professional Ethics and Business Practices.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Ms. Kong.

On May 13, 2026, Ms. Roe moved that the Board accept the Consent Order. Mr. Henderson second. Motion carried without objection.

2. Lu, Nan – UNLICENSED

Ms. Lu signed a Consent Order that immediately will cause her to

cease-and-desist from the practice of massage therapy and require her to pay a civil penalty/administrative fine of \$1,500.00.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Ms. Lu.

On May 13, 2026, Mr. Roe moved that the Board accept the Consent Order. Mr. Henderson second. Motion carried without objection.

3. Massage at Bel Air – UNLICENSED

Ms. Kong, owner of Massage at Bel Air, signed a Consent Order that immediately will cause her establishment to cease-and-desist from the operation of a massage therapy establishment and require her to pay a civil penalty/administrative fine of \$2,000.00.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Massage at Bel Air.

On May 13, 2026, Ms. Roe moved that the Board accept the Consent Order. Mr. Henderson second. Motion carried without objection.

4. Massage Wellness – E-2841 (Active)

Ms. Lu owner of Massage Wellness signed a Consent Order that would suspend her establishment license until such time as (a) payment of any applicable fees and the civil penalty/administrative fine of \$3,000.00; (b) successful completion of the identified corrective measures; (c) receipt of an AMTLB inspection report which demonstrates satisfactory evidence of completion of identified corrective measures; and, (d) notification in writing that the suspension has been lifted. In no event will this period of suspension extend beyond twelve (12) months of the effective date of this Order. Should such occur, Ms. Lu's licensure status will be considered as and listed as revoked.

On May 13, 2026, Ms. Long recused herself from the voting and discussion concerning Massage Wellness.

On May 13, 2026, Ms. Roe moved that the Board accept the Consent Order. Mr. Henderson second. Motion carried without objection.

XII. NEXT MEETING DATE July 15, 2026, 770 Washington Avenue, RSA Plaza, Montgomery, Alabama, Suite 350.

XIII. OTHER

1. None

XIV. BOARD MEETING DEBRIEFING

A. New Board Members (How can we help?)

Nothing.

B. Meeting Process: What can we improve/change?

Nothing.

XV. ADJOURNMENT

The AMTLB Board meeting adjourned at 9:31 a.m. on Wednesday, May 13, 2026.

Jessica White
Chair

Tom Henerson, Jr.
Vice-Chair

Submitted by: _____
Tonya Smith 05/26