

**ALABAMA Massage Therapy Licensing Board**

**REGULAR BOARD MEETING**

**RSA Plaza Suite 350  
Montgomery, Alabama**

**September 17, 2025**

**I. CALL TO ORDER**

**A. Roll Call**

The meeting was called to order at 8:39 a.m. on Wednesday, September 17, 2025.

The following members were present: Tom Henderson, Jr., LMT, Vice-Chair; Amy Long, DNP, FNP-C, Consumer; Anastasia Morris, LMT; and Executive Officer Peggy Benson. Daynette Ranger, LMT arrived at 8:35 a.m.; Jessica White, LMT, Chair arrived at 8:39 a.m.; Kristen Gillis, Attorney at Law arrived at 8:40 a.m.; and Ali Araiinejad, LMT arrived at 8:43 a.m.

Staff members attending the meeting were: Honor Ingels, Administrative Director – Chief Policy/Communications Officer; Alice Maples Henley, Deputy Attorney General/General Counsel; Brad Jones, IT System Specialist Senior; Tonya Smith, Executive Secretary/Recorder; Joyce Jeter, MSN, RN, Deputy Director – Alabama Board of Nursing; Clifton (Chip) Lollar, Chief Special Investigator; and Klisha Potts, Paralegal; Rosiana Gray, Nurse Consultant; Tara Armistead, Attorney III; Pamela Smith, DNP, MSN, RN, Administrative Director of Education Programs; Nicole Sewell, State IT Trainee; Howard Kennedy, Chief Investigator; Jennifer Herman, Investigator; Ashia Simmons, ASA III; Carolyn Chaffer, MSN, RN-BC; Adrienne Henerson, ASA III; Wanda Dillard, CFO; and Stacie Wills, ASA III.

Visitors attending the meeting were: Patrick Lindsey, AMTA; Kristie Williams; Christine Hooper; AMTA; Jacob Turner, AMTA; and Cynthia Taylor, AMTA.

**B. Declaration of Quorum**

A quorum of seven Board members was present on Wednesday, September 17, 2025.

**C. Statement of Compliance with Open Meetings Act and Active Electronic Recording in Compliance with ACT 2024-361**

Prior notice of the meeting was posted on the Secretary of State's website in accordance with the Alabama Open Meetings Act.

**D. Review of Full Agenda**

1. Additions, Modifications, Reordering

Nothing

**2. REORDERING, MODIFICATION, OR ADOPTION AND APPROVAL OF CONSENT AGENDA**

- II.A. July 23, 2025, Board Meeting Minutes
- VI.A.1. Executive Officer Report if indicated
- VI.A.2. FYI
- VI.B.1. General Counsel Report
- VII.A. Education Report if indicated

**On September 17, 2025, Mr. Henderson, Jr., moved that the Board adopt the Consent Agenda. Ms. Long seconded. Motion carried without objection.**

**3. REORDERING, MODIFICATIONS, ADDITIONS, OR ADOPTION OF FULL AGENDA**

**On September 17, 2025, Mr. Henderson moved that the Board modify the Full Agenda and makes changes under IV. A. Presentations/Review 1 from Patrick Samuelson to Alice Henley and add 2 Public Speaking Kristie Williams to speak for only three (3) minutes. Ms. Long seconded. Motion carried without objection.**

**II. REVIEW OF MINUTES**

A. July 23, 2025, Board Meeting Minutes

The minutes of July 23, 2025, Board meeting was accepted on the Consent Agenda.

**III. OLD BUSINESS/FOLLOW-UP**

A. Board Action Follow-up

- 1. None

**IV. BOARD PRESENTATIONS**

**A. PRESENTATIONS/REVIEW**

1. Board Development – Recuse/Abstain – Alice Henley

Ms. Henley presented a presentation on Board Development-Recuse/Abstain and was available to answer any Board member's questions.

**V. FINANCIAL REPORTS**

1. Financial Reports

Ms. Dillard shared the Revenues and Expenditure Summary, Revenues, and the Expenditure Budget Comparison as of July 31, 2025.

2. AMTLB 2027 BUDGET

Ms. Dillard reported that the FY 2027 Budget will be due in the budget office in November 2025. The proposed budget is typically presented at a Board meeting before the due date so that it can be submitted by the deadline.

**On September 17, 2025, Mr. Henderson, Jr., moved that the Board approve the Fiscal Year 2027 Operation Plan Alabama Massage Therapy Licensing Board Expenditure Budget. Ms. Morris seconded. Motion carried without objection.**

**VI. REPORTS**

A. Executive Officer

1. Report

Pursuant to Alabama Massage Therapy Licensing Board Administrative Code 532-X-7, Ms. Benson accepted the voluntary surrender for revocation for each of the following Alabama Massage Therapy licenses.

<u>Licensee's Name</u>	<u>License Number</u>	<u>Date Acceptance</u>
Moon Spa Massage	E-3467	07/22/2025

2. FYI

Nothing

B. Executive Committee if indicated

Nothing

C. Legal Division

1. General Counsel

A written report on activities on the Legal Division for June 1, 2024, through August 27, 2025, the number of open disciplinary cases, and the number of cases on appeal or subject to litigation was accepted, as information, on the Consent Agenda.

2. EO Designee

Nothing

3. Licensure Reports

Nothing

4. Investigations Report

A written report on investigations for September 19, 2025, was accepted, as information, on the Consent Agenda.

**VII. AMTLB EDUCATION PROGRAMS**

A. Education Report

A written report on Education was accepted, as information, on the Consent Agenda.

B. Program Termination Report if indicated.

Nothing

## VIII. POLICY

### A. **FINAL CERTIFICATION – ALABAMA MASSAGE THERAPY LICENSING BOARD ADMINISTRATIVE CODE CHAPTERS 532-X-1, 532-X-2, 532-X-3, 532-X-4, 532-X-5, 532-X-6, 532-X-7, AND 532-X-8.**

Mr. Ingels reported that the Board staff recommends revisions throughout the AMTLB Administrative Code to facilitate implementation of Alabama Act No. 2025-395, which made broad changes to the Alabama Massage Therapy Licensing Act. The rules have been modified as follows:

- §532-X-1-.11 is amended to reduce the Establishment Renewal Fee from \$350 to \$250.
- §532-X-4-01 is amended to clarify the circumstances under which an individual may be deemed employed by or contracted with an establishment and, so, not be required to maintain separate establishment licensure.

To ensure continuity pending the effective date of the rules as provided in the Alabama Administrative Procedure Act (APA), Board staff further recommends that the following provisions be reissued as emergency rules:

- §532-X-1-.11
- Chapter 532-X-2
- Chapter 532-X-3
- Chapter 532-X-4
- §532-X-5-.01
- §532-X-5-.02
- Chapter 532-X-7
- Chapter 532-X-8

**On September 17, 2025, Ms. Gillis moved that the Board approve, as certification, revisions to Alabama Massage Therapy Licensing Board Administrative Code Chapters 532-X-1, 532-X-2, 532-X-3, 532-X-4, 532-X-5, 532-X-6, 532-X-7, And 532-X-8. Ms. Long seconded. Motion carried with Mr. Henderson, Jr., abstaining.**

## IX. **LICENSURE REPORT**

### A. Licensure Report.

None

**X. CONTINUING EDUCATION**

A. None

**XI. DISCIPLINARY CASES – Executive Session, to follow completion of Agenda or as indicated by agenda progression, September 17, 2025**

**A. CONSENT ORDERS**

**On September 17, 2025, Mr. Henderson, Jr., moved that the Board enter into Executive Session to discuss the general reputation and character, professional competence, and physical or mental conditions of specific applicants and licenses. Ms. Long seconded. Motion carried with all in favor: (Ali Araiinejad, Kristen Gillis, Anastasia Morris, and Daynette Ranger.**

Ms. White estimated that the Board would reconvene at 9:40 a.m.

The Board reconvened in open session at 9:48 a.m.

1. Palace Spa – E-3382 (Active)

Mr. Yuan Wang signed a Consent Order that would suspend his establishment license until such time as: (a) payment of any applicable fees and the civil penalty/administrative fine of \$1,000.00; and (b) receipt of employer notification. In no event will this period of suspension extend beyond twelve (12) months of the effective date of this Order. Should such occur, the establishment licensure status will be considered as and listed as revoked.

On September 17, 2025, Ms. Gillis recused herself from the discussion concerning the Palace Spa. Ms. Gillis left the boardroom at 9:12 and returned back to the boardroom at 9:15 a.m., and Ms. Gillis recused herself from the voting she left the board room at 9:58 a.m. and returned back to the boardroom at 9:59 a.m.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Morris seconded. Motion carried with Mr. Henderson abstaining.**

2. Wang, Yuan – LMT 4798 (Active)

Mr. Wang signed a Consent Order that would suspend his massage license until such time as: (a) payment of any applicable fees and the civil penalty/administrative fine \$1,000.00; and (b) receipt of the

employer notification. In no event will this period of suspension extend beyond twelve (12) months of the effective date of this Order. Should such occur, Mr. Wang's licensure status will be considered as and listed as revoked.

On September 17, 2025, Ms. Gillis recused herself from the discussion concerning Mr. Wang. Ms. Gillis left the boardroom at 9:12 a.m. and returned back to the boardroom at 9:15 a.m., and Ms. Gillis recused herself from the voting, she left the boardroom at 9:58 a.m. and returned back to the boardroom at 9:59 a.m.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Morris seconded. Motion carried without objection.**

3. Henderson, Tom – LMT 3341 (Active)

Mr. Henderson signed a Consent Order that would issue him a public reprimand and require him to pay a civil penalty/administrative fine of \$1,000.00 and require documented completion of a course on Professional Ethics.

On September 17, 2025, Mr. Henderson, and Ms. Ranger recused themselves from the discussion concerning Mr. Henderson, Mr. Henderson, and Ms. Ranger left the boardroom at 9:15 a.m. and arrived back to the boardroom at 9:34 a.m., and Mr. Henderson and Ms. Ranger recused themselves from the voting, they left the boardroom at 9:58 a.m. and returned back to the boardroom at 9:59 a.m.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Morris seconded. Motion carried without objection.**

4. Ranger, Daynette – LMT 3412 (Active)

Ms. Ranger signed a Consent Order that would issue her a public reprimand, require her to pay a civil penalty/administrative fine in the amount of \$1,000.00 and require documented completion of a course on Professional Ethics.

On September 17, 2025, Mr. Henderson and Ms. Ranger recused themselves from the discussion concerning Ms. Ranger. Mr. Henderson and Ms. Ranger left the boardroom at 9:15 a.m. and arrived back to the boardroom at 9:34 a.m., and Mr. Henderson and Ms. Ranger recused themselves from the voting; they left the boardroom at 9:58 a.m. and returned back to the boardroom at 9:59 a.m.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Morris seconded. Motion carried without objection.**

5. Voss, Angela – LMT 6592 (Active)

Ms. Voss signed a Consent Order that would issue her a public reprimand, require her to pay a civil penalty/administrative fine of \$500.00 and require documented completion of a course on Professional Ethics.

On September 17, 2025, Mr. Henderson, Jr., and Ms. Ranger recused themselves from the discussion concerning Ms. Voss. Mr. Henderson and Ms. Ranger left the boardroom at 9:15 a.m. and arrived back to the boardroom at 9:34 a.m., and Mr. Henderson and Ms. Ranger recused themselves from the voting; they left the boardroom at 9:58 a.m. and returned back to the boardroom at 9:59 a.m.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Morris seconded. Motion carried without objection.**

6. Arkana Massage and Bodywork – E-3680 (Inactive)

Mr. Dalton Spradlin, owner of the Arkana Massage and Bodywork, signed a Consent Order that would approve his massage therapy establishment renewal application and upon reinstatement issue the establishment a public reprimand and require payment of a civil penalty/administrative fine in the amount of \$1,000.00.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Gillis seconded. Motion carried without objection.**

7. Beneficial Therapy – E-3613 (Active)

Mr. Henderson, owner of the Beneficial Therapy, signed a Consent Order that would issue the establishment a public reprimand and require payment of a civil penalty/administrative fine in the amount of \$1,100.00.

On September 17, 2025, Mr. Henderson and Ms. Ranger recused themselves from the discussion concerning Beneficial Therapy. Mr. Henderson, and Ms. Ranger left the boardroom at 9:15 a.m. and returned back to the boardroom at 9:34 a.m. Mr. Henderson and Ms. Ranger recused themselves from the voting, they left the boardroom at

9:58 a.m. and returned back to the boardroom at 9:59 a.m.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Gillis seconded. Motion carried without objection.**

8. Gembel, Hilary – LMT 6419 (Active)

Ms. Gembel signed a Consent Order that would require her to pay a civil penalty fine of \$500.00.

On September 17, 2025, Ms. Gillis recused herself from the discussion concerning Ms. Gembel. Ms. Gillis left the boardroom at 9:12 a.m. and returned back to the boardroom at 9:15 a.m. and Ms. Gillis recused herself from the voting, she left the boardroom at 9:56 a.m. and returned back to the boardroom at 9:58 a.m.

On September 17, 2025, Mr. Henderson, Jr., and Ms. Ranger abstained from the discussion and voting concerning Ms. Gembel.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Morris seconded. Motion carried without objection.**

9. Gembel, Ryan – LMT 6418 (Active)

Mr. Gembel signed a Consent Order that would require him to pay a civil penalty fine of \$500.00.

On September 17, 2025, Ms. Gillis recused herself from the discussion concerning Mr. Gembel. Ms. Gillis left the boardroom at 9:12 a.m. and returned back to the boardroom at 9:15 a.m. and Ms. Gillis recused herself from the voting, she left the boardroom at 9:56 a.m. and returned back to the boardroom at 9:58 a.m.

On September 17, 2025, Mr. Henderson, and Ms. Ranger abstained from the discussion and voting concerning Mr. Gembel.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Morris seconded. Motion carried without objection.**

10. Lewter, Natasha – LMT 2328 (Active)

Ms. Lewter signed a Consent Order that would issue her a public reprimand and require her to pay a civil penalty/administrative fine in the

amount of \$1,200.00 and require documented completion of a course on Professional Ethics.

On September 17, 2025, Ms. Gillis recused herself from the discussion concerning Ms. Lewter. Ms. Gillis left the boardroom at 9:12 a.m. and returned back to the boardroom at 9:15 a.m. and Ms. Gillis recused herself from the voting, she left the boardroom at 9:56 a.m. and returned back to the boardroom at 9:58 a.m.

11. Platinum Salon and Day Spa – E-3977 (Active)

Ms. Natasha Lewter, owner of the Platinum Salon and Day Spa, signed a Consent Order that would issue the establishment a public reprimand and require payment of a civil penalty/administrative fine in the amount of \$4,100.00.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Gillis seconded. Motion carried without objection.**

12. Shankofa Wellness Center LLC – E-3225 (Active)

Ms. Daynette Ranger owner of the Shankofa Wellness Center, LLC, signed a Consent Order that would issue the establishment a public reprimand and require payment of a civil penalty/administrative fine in the amount of \$800.00.

On September 17, 2025, Mr. Henderson, and Ms. Ranger recused themselves from the discussion concerning Shankofa Wellness Center. Mr. Henderson and Ms. Ranger left the boardroom at 9:15 a.m. and arrived back to the boardroom at 9:34 a.m., and Mr. Henderson and Ms. Ranger recused themselves from the voting; they left the boardroom at 9:58 a.m. and returned back to the boardroom at 9:59 a.m.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Gillis seconded. Motion carried without objection.**

13. Spradlin, Dalton – LMT 4536 (Active)

Mr. Spradlin signed a Consent Order that would issue him a public reprimand and require him to pay a civil penalty/administrative fine of \$2,000.00 and require documented completion of a course on Professional Ethics.

On September 17, 2025, Mr. Henderson, Jr., and Ms. Ranger opposed

the Consent Order concerning Mr. Spradlin.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Gillis seconded. Motion carried without objection.**

14. The Refinery Day Spa – E-3526 (Active)

Ms. Chelsea Weathers, owner of The Refinery Day Spa, signed a Consent Order that would issue the establishment a public reprimand and require payment of a civil penalty/administrative fine in the amount of \$1,100.00.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Gillis seconded. Motion carried without objection.**

15. The Spa House, LLC – E-3978 (Active)

Ms. Angela Voss, owner of The Spa House, LLC, signed a Consent Order that would issue the establishment a public reprimand and require payment of a civil penalty/administrative fine in the amount of \$700.00.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Gillis seconded. Motion carried without objection.**

16. The Well Spa, LLC – E-3968 (Active)

Ms. Amber Ray, owner of The Well Spa, LLC, signed a Consent Order that would require payment of a civil penalty in the amount of \$500.00.

On September 17, 2025, Ms. Gillis recused herself from the discussion concerning The Well Spa, LLC. Ms. Gillis left the boardroom at 9:12 a.m. and returned back to the boardroom at 9:15 a.m. and Ms. Gillis recused herself from the voting, she left the boardroom at 9:56 a.m. and returned back to the boardroom at 9:58 a.m.

On September 17, 2025, Mr. Henderson, Jr., and Ms. Ranger abstained from the discussion and voting concerning The Well Spa, LLC.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Morris seconded. Motion carried without objection.**

17. The Workshop Restorative Fitness – E-3953 (Active)

Ms. Hiliary Gembel owner of The Workshop Restorative Fitness, signed a Consent Order that would require her to pay a civil penalty of \$500.00.

On September 17, 2025, Ms. Gillis recused herself from the discussion concerning The Workshop Restorative Fitness. Ms. Gillis left the boardroom at 9:12 a.m. and returned back to the boardroom at 9:15 a.m., and Ms. Gillis recused herself from the voting, she left the boardroom at 9:56 a.m. and returned back to the boardroom at 9:58 a.m.

On September 17, 2025, Mr. Henderson and Ms. Ranger abstained from the discussion and voting concerning The Workshop Restorative Fitness.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Morris seconded. Motion carried without objection.**

18. Weathers, Chelsea – LMT 6057 (Active)

Ms. Weathers signed a Consent Order that would issue her a public reprimand and require her to pay a civil penalty/administrative fine in the amount of \$1,100.00 and require documented completion of a course on Professional Ethics.

**On September 17, 2025, Ms. Long moved that the Board accept the Consent Order. Ms. Gillis seconded. Motion carried without objection.**

**B. CEASE AND DESIST ORDER**

1. McCutchan, Michelle – UNLICENSED

Ms. McCutchan was issued a notice to cease-and-desist immediately practicing massage therapy without a license.

**On September 17, 2025, Ms. Long moved that the Board accept the Cease-and-Desist Letter. Ms. Gillis seconded. Motion carried without objection.**

**XII. NEXT MEETING DATE November 12, 2025, 770 Washington Avenue, RSA Plaza, Montgomery, Alabama, Suite 350**

**XIII. OTHER**

1. Ms. Benson reported that the Sunset Meeting for the AMTLB Audit will be Thursday, September 25, 2025, at 10:00 a.m. at the State House in room 200 and advised that all Board members are welcome.
2. Ms. Ranger suggested that the AMTLB staff send out a notice thirty days prior to renewing massage and establishment licenses. Ms. Benson reported that this is already in the work and she will send out an email once this is rolled out.

**XIV. BOARD MEETING DEBRIEFING**

- A. New Board Members (How can we help?)

Nothing

- B. Meeting Process: What can we improve/change?

Nothing

**XV. ADJOURNMENT**

The AMTLB Board meeting adjourned at 10:09 a.m. on Wednesday, September 17, 2025.

\_\_\_\_\_  
Jessica White  
Chair

\_\_\_\_\_  
Tom Henderson, Jr.  
Vice-Chair

Submitted by: \_\_\_\_\_  
Tonya Smith 09/25